

Virginia Star Quilters

Volume 33, Issue 3: July 2017

Message from Mary Ann:

Here is hoping you all had a fabulous fourth of July. I know you are all going to enjoy the ice cream social on July 19! Sorry I won't be there to enjoy my favorite food group with you all.

Susan has a fun day planned with you all to benefit the NICU charity. She and Diane will be organizing fun things and will have kits to help spur you on in our goals to help out Mary Washington's tiniest patients! So round up your machines and ride on out to the rodeo! All of your help will be so appreciated! There is something for everyone...new and experienced hands....from detail handwork to naughty knotters! We will be presenting the art of your hearts to our guest speaker from the NICU unit in the next couple of months.

We have some great basics summer to fall programs coming and I look forward to seeing all hands on deck for our upcoming months. We will be trying out some new venues and different things to see what you all enjoy. If you have any input please drop me a line or call me for lunch one day. I will be on my great adventure until the end of July but will be back in town during the beginning of August.

For those who are doing the "Hearts in Flight" challenge or have anyone interested, Penny says she has three kits left. Thank you all for supporting this milestone in the race for the American Heart Association. I can't wait to see all the talent you share!

The retreat is full, but Karen and Tracy will be starting sign-ups for the workshops! Our last workshop inspired some awesome art! See the Facebook page for pictures from our field trip to Sacred Threads. Lisa Ellis would like a group photo so, if you can, please bring or send your workshop pieces to the August meeting. We would like to make a display wall at the meeting to show the community. Our August meeting will be at Salem Church Library so let's rock Fredericksburg with all the fun and beauty we can! This would also be a great time for you to invite a possible new member.

Guild Contacts

Board Members

President: Mary Ann Clifford

Honorary President: Diane Levy

Vice President: Linda Kaup

Secretary: Nancy Swift

Treasurer: Marty Moon

Webmistress: Lynellen Perry

Hospitality: Elaine Murphy, Stella Wuchina, and Mercy Sais

Workshops: Karen Ehrhard and Tracy Day

Programs: Lucy Tremblay

Newsletter & Web: Lynellen Perry

Membership: Marlene Amburg

Committee Members

Charity Quilts: Vicki Warner and Susan Fulton

Open Sew: Pat Burroughs & Michele Smith

Email articles, recipes, and tips for the newsletter to:

vastarquilts@gmail.com

VSQ, PO Box 1405,
Fredericksburg, VA 22402

www.vastarquilters.com

I am very inspired by Pat B.'s UFO challenge. I hope you are all catching up so we will have more room for our new projects. If you have any UFOs you would like to donate to the charities group someone else may be able to help you out. LOL!

Katrina B. volunteered to investigate a group of scrapbooking for the guild. If you have any interest or anything you can help out with, while she investigates a budget let her know! We have members who lamented the loss of a physical history and I can relate. So much of what we do is physical versus virtual...I am slowly and reluctantly being drug into the century!

Have a very blessed and happy summer...see you all soon.

Mary Ann

Membership:

- For anyone who needs to **pay their dues**, Marlene A. will have the receipt book and goodies at the meeting for those re-upping!
- **Happy July birthday to:** Marlene A., Marilyn C., Beverly S. E., Liz P., Devra P., Mary Ellen S.!

Meeting News:

July 19, 2017, Guild Meeting at Lee Hill Community Center:

Ice Cream Social Refreshments

Ice Cream: Pat B. (sherbert), Pat P. (ice cream), Joyce B. (ice cream).

Toppings: Mercy S. (hot fudge), Libby H. (nuts), Theresa J. (strawberries and whipped cream)

Drinks: Lynellen P., Diane L.

“UFO” Challenge 2017: The next challenge, #1, is due at our meeting on Wednesday, **July 19th**. For any questions, contact Pat B.

“Hearts in Flight” Challenge!

For those of you who picked up a pink or red package at the June meeting, the object is to have fun and help promote the Va. Star Guild and the Heart Association while we showcase all the many talents of our members!

Your challenge is to use one (or more) of the provided fabric kits to create something that you will donate to the VA Star Guild. If your item is sold while it is on display at the England Run Library during the month of October, half of the sale price goes to the Guild (to fund our programs) and the other half of the sale price goes to the American Heart Association.

You can make any quilted item that can be displayed by hanging from a sleeve and dowel... a wall art, table runner, quilt, purse, jacket, placemats, etc. Next Day Blinds has graciously donated the dowels. You just need to sew or baste on a hanging sleeve (if you need clarification you can talk to Mercy S.).

If you missed getting a kit just call Penny and let her know whether you would like a pink or red kit. The kit has two fabrics in common. You should strive to use all the fabric in your kit. The minimum amount you need to use of each fabric is a 2x3 inch piece. You can add as much fabric as you would like, however whatever you make must be under 36 inches wide.

We need an index card with the details and your info, as soon as possible, but no later than the mid to end of August. The library graciously volunteered to advertise and print the signs and labels but the lady goes out on medical leave in September. The quilted item itself is due in September, and the exhibit will run the entire month of October.

“Open Sew” Events:

Bonny’s Sewing and Fabric in Stafford invites you to come use their classroom (unmonitored). The classroom has an iron, ironing board, large cutting mat, and plenty of power strips. See the Calendar for dates and times.

England Run Library: See the Calendar for dates and times! Pat B. will provide an iron, ironing board, and 1 large cutting mat. Please email Pat B. if you plan to come up until the night before the scheduled date. If no one plans to come, she may cancel the date and will send out an email by 10:00 pm the night before the Open Sew date. If you have any questions, please call Pat B. (540-775-0546). If you can't get her, Michele S. is our backup chair. Contact her at 540-786-6718.

Quilt Exhibit “Cantores De Luz”

The Art Works in Richmond will be hosting a Peruvian Tapestry exhibit from June 23 – August 20, featuring Alexangel Estevez, Binford Harrell, Jackie Digney, and the June All Media Art Show. Free, and open to the public. Art Works, 320 Hull St, Richmond, VA 23224. 804-291-1400. artworksrichmond.com

Upcoming Workshop News:

Please let us know any thoughts you have for future workshops that you are interested in and we will explore your ideas.

February 20 & 21, 2018: Bonnie Hunter. Karen or/and Tracy will be signing up anyone interested! Let us know if you have any preferences of what you would like her to teach. Go to Quiltville.com and look at her current lecture and workshop schedule. Thanks for your input. Tracy and Karen

Spring Retreat – March 15-18, 2018

The retreat will be at Camp Overlook, near Harrisonburg. The retreat is full! The cost will be \$230.00 for March 15-18. If we add Wednesday, March 14, the cost will be \$285.00 to include the extra night, dinner, and breakfast. We must have 16 people present to get food service on the extra day, so let us know how many days you want so we can complete the planning. Contact Judy H. or Mercy S. with questions or to sign up. Please give Judy your monthly payments at the meetings, or mail them to her via the VSQ post office box.



SCRAP-A-DOODLE-DOO RETREAT FUN!

Stay tuned in the next newsletter for some scrappy fun to get ready for retreat.

Raffle Quilt

We would like to thank the shops who supported our raffle quilt:

Crazy Cousins

Bonny's Sewing and Fabric in Stafford

Currently, **A Stitch in Time** has our quilt on display and is selling tickets for us. If you are in the area or shop in these places, please let them know we appreciate them. Also, we will be looking for more venues. If you have any suggestions, just let us know.

Very soon we will be planning a quilt display in lieu of a quilt show. We have talked about coordinating this with the September Heart Walk. Dianne will be organizing the Expo in October. We will be talking about and organizing this soon...hopefully at June's meeting. Looking forward to an exciting year!

Virginia Star Quilt Guild Minutes for June 2017

JUNE 21, 2017

The meeting was begun at 7:05 pm by President Mary Ann.

The first speaker was Penny from The American Heart Association Heart Walk who came to discuss the October Quilt Program Display. She lost her son Tim and is willing to chair for our group. She makes Quilts every year and has been part of this association for 6 years. Heart disease is the #1 killer of all Americans. Loss of estrogen in women increases the risk. The Heart Walking Festival is September 23rd at the Old Pratt building at 1701 Fall Hill Avenue. Be on Penny's team!

Pat B. then introduced Teresa of KG Family Chiropractic Center. Teresa discussed a Home Exercise Program using exercise ball, balance, stretches, marching, hands tingling and range of motion. If achy and sore, keep moving!

The minutes from the May meeting, as included in the most recent Newsletter, were approved and voted on unanimously.

Tracy spoke about the upcoming February program with Bonnie Hunter. A sign-up sheet for interest was circulated. If anyone has any other ideas, please let Tracy know.

Mercy got us a month free display at England Run Public Library and an Open Sew there in October. In addition, the Retreat is sold out!

Diane spoke about the Quilt Expo October 5-7. Registration opened 2 days ago. We will have a booth. Please volunteer to be an Ambassador or to man our booth.

Raffle ticket proceeds should be given to Diane. Right now the quilt is on display at Stitch in Time. They are selling tickets. Pat B. checked with Susie's Quilt Store in Manassas. She is willing to display the quilt but unwilling to sell tickets. Pat is willing to go sit and sell. We can also sell tickets at the Heart Walk.

Challenge Quilt: The theme is "Hearts in Flight" and these donated Quilts (or quilted items of any kind) can be up to 36" wide. Thirty to 35 wallhangings, with sleeves, are needed. They will be insured. The American Heart Association will give free advertising. All quilts will be donated to the Guild. Half the money will go to us and half to the American Heart Association. Each quilt needs to use 2-3" of each piece of fabric; additional fabric can be added. Either red or pink kit. Index card with information due at the August meeting. Item due at September meeting. Penny will be in charge.

UFO Challenge: Item #1 due at July 19th meeting.

Bookmarks or Rack Cards: Mercy talking to Anna.

July meeting will open early at Noon for baby quilt sewing.

Lynellen said there will be an Open Sew at Bonny's in Stafford. Great first newsletter. A calendar will be in the newsletter and on the website. In addition, a Gmail account will be opened where info for the newsletter will be sent (vastarquilts@gmail.com).

Marty gave the Treasurer's Report which was unanimously approved.

Hospitality: Elaine. It was suggested that small cans of sofa be provided instead of the large bottles which are being wasted. July is the Ice Cream Social.

The meeting was closed at 8:28 by Mary Ann.

Notes by Katrina B. (with thanks by Nancy!)

Transcribed and submitted by Nancy Swift, Secretary

Calendar

2017

- “Cantores De Luz” Peruvian Tapestry exhibit from June 23 – August 20 at The Art Works in Richmond
- July 7-23: Sacred Threads Quilt Exhibit (sacredthreadsquilts.com)
- July 13 (Thursday): Open Sew at England Run Public Library (9:30am – 4:30pm)
- July 14 (Friday): Open Sew at Bonny’s Sewing and Fabric in Stafford (10am-6pm)
- **July 19 (Wednesday): Guild Meeting** at Lee Hill Community Center (7pm) ICE CREAM SOCIAL; Baby quilt sewing opens at Noon.
- July 20-23: Quilt Odyssey, Hershey, PA
- July 21 (Friday): Open Sew at Bonny’s Sewing and Fabric in Stafford (10am-6pm)
- July 27 (Thursday): Open Sew at England Run Public Library (9:30am – 4:30pm)
- July 28 (Friday): Open Sew at Bonny’s Sewing and Fabric in Stafford (10am-6pm)

- August 4 (Friday): Open Sew at Bonny’s Sewing and Fabric in Stafford (10am-6pm)
- August 8: Board meeting
- August 11 (Friday): Open Sew at Bonny’s Sewing and Fabric in Stafford (10am-6pm)
- August 12: VCQ, Newport News, VA
- August 18 (Friday): Open Sew at Bonny’s Sewing and Fabric in Stafford (10am-6pm)
- August 25 (Friday): Open Sew at Bonny’s Sewing and Fabric in Stafford (10am-6pm)
- **August 30 (Wednesday): Guild Meeting** at Salem Church Public Library Room B
- August 31: Last day to submit index card for “Hearts in Flight” Challenge

- September 12 : Board meeting
- September 14 (Thursday): Open Sew at England Run Public Library (9:30am – 4:30pm)
- **September 20 (Wednesday): Guild Meeting** at Lee Hill Community Center (7pm). Topic: Making use of organizers.
- September 23-24: Virginia Festival, Stanardsville, VA
- September 23-24: Richmond Quilters Guild Quilt Show
- September 28 (Thursday): Open Sew at England Run Public Library (9:30am – 4:30pm)

- October All Month: VSQ quilt display at England Run Public Library
 - October 3: Board meeting
 - October 5-7: Sewing and Quilt Expo. We need volunteers!
 - October 12 (Thursday): Open Sew at England Run Public Library (9:30am – 4:30pm)
 - **October 18 (Wednesday): Guild Meeting** at Lee Hill Community Center (7pm). Work day.
 - October 26 (Thursday): Open Sew at England Run Public Library (9:30am – 4:30pm)
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- November 7: Board meeting
 - November 9-18: Quilters' Quest Shop Hop, Virginia and Maryland
 - November 15: VSQ Quilt Raffle
 - **November 29 (Wednesday): Guild Meeting** at Salem Church Public Library Room B from 4pm – 9pm. Charity Quilts presentation.
 - November 30 (Thursday): Open Sew at England Run Public Library (9:30am – 4:30pm)
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- December 12: Board meeting
 - December 14 (Thursday): Open Sew at England Run Public Library (9:30am – 4:30pm)
 - **December 27 (Wednesday): Guild Meeting** at Salem Church Public Library Room B, from 12 noon to 9pm

2018

- February 20-21: Bonnie Hunter Workshop
- March 15-18: Spring Retreat
- March 17: National Quilt Day

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Free Motion Quilting

Lectures, Workshops & Ruler Work Events

July 2017 Fabric Hut, Norfolk, VA – Juki

August 2017 Rocky Mountain Quilt Festival - Juki

Sept 2017 Sew with Me, Minnesota– Ruler Workshop

Sept 2017 - Charlottesville Area Quilters Guild – Free motion quilting 2-day retreat



For more information about the above events & workshops visit www.livingwaterquilter.com

-----Ruler Quilt Along-----



Join the fun in my Facebook group, **Quilting with Ruler & Templates**. It's a private group where we share projects and tips for ruler work on all types of machines. The Tote Ruler Quilt along has begun! **It's not too late to join**. The QAL includes written instructions, videos and tips for quilting with rulers. <https://www.facebook.com/groups/RulerWork/>

-----Private lessons-----

Create your own class with private lessons. You decide what you want to learn. **Topics include:** Free Motion Quilting, How do I quilt my quilt top, Feathers & Rulers on a domestic machine. Private lessons are \$40/hour, 2 hour minimum. Semi-private (two-people) lessons are \$30/hour per person with a minimum of two hours. Sessions are held in my home.



-----Social Media-----

Website– www.livingwaterquilter.com

Instagram – @livingwaterquilter

Facebook Page – www.facebook.com/LivingWaterQuilterLLC/

Facebook Group – Quilting with Rulers & Templates

For more information contact **Dena Wilkins** at dena@livingwaterquilter.com

